



Trans Community Resources

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Emergency

Crisis Hotlines

- **Find a Helpline** findahelpline.com
- **The Trevor Project** (text, chat, or phone)
thetrevorproject.org/get-help 866-488-7386
- **Transgender Michigan Helpline** 855-345-8464
- **Trans Lifeline** 877-565-8860

Domestic Violence Support

- **RAINN** (crisis line for SA) (text, chat, or phone)
rainn.org/help-and-healing/hotline
- **Safe Haven Ministries** 616-452-6664
- **YWCA** 616-454-9922

Cooling / Warming Centers

- **Grand Rapids Public Library** (all branches)
- **Kent District Library** (all branches)
- **Lotus Brew Coffee** 211 Diamond Ave SE

Advocacy

- Chosen Family of Michigan chosenfamilyofmichigan.org
- Equality Michigan equalitymi.org

Businesses (Local, Queer & Trans-Owned)

- **Anderson Barlow Contractors** andersonbarlow.com
- **Apartment Lounge** facebook.com/theapartmentlounge
- **Betka-Pope Productions** betkapopeproductions.com
- **Catalyst Training Center** catalysttrainingcenter.com
- **Decorum** decorumgr.com
- **Fox Naturals** fox-naturals.com
- **Good Judy's Market and Juice Bar** drinkgoodjudys.com
- **K Voice Studio** kvoicestudio.com
- **Lilith's Lair** lilithslairgr.com/
- **Lotus Brew Coffee** lotusbrewcoffee.com
- **Polyphonic Speech Services** polyphonicspeech.com
- **Rebel & Sticky Fingers** rebelgr.com
- **Red Maple CranioSacral Therapy** redmaplecst.com
- **River City Psychological Services** rivercitypsychological.com
- **Stubble Grooming Studio** stubblelegs.com
- **Tobin Counseling** tobin-counseling.com
- **Transfigure Print Co.** transfigureprintco.com

Financial Support

- **Fountain St. Church Choice Fund** Abortion fund
choicefund@fountainstreet.org
- **Grand Rapids Mutual Aid Network** Organization which helps community members in need to fundraise or find essential items grmutualaid@gmail.com

Food / Food Pantries

- **Baxter Community Center** 616-456-8593
- **Earthly Refillery** 616-805-3296

- **Food Not Bombs** Free meals every Friday 5 pm at Veteran's Park
foodnotbombsgr24@gmail.com
- **Grand Rapids Pride Center** 616-458-3511
- **Lotus Brew Coffee** 616-419-8613
- **SECOM Resource Center Food Pantry** 616-452-7684
- **Second Harvest Pantry** 616-389-6349
- **The Other Way Ministries Food Pantry** 616-454-4011
- **Transfigure Shop** transfigureshop@gmail.com

Gender-Affirming Products / Services

GR Trans Foundation “Gender Junk” Closet

FREE items including wigs, breast forms, bras, binders, packers, tucking underwear, packing underwear, swimwear, surgery recovery supplies

GR Pride Center Closet

FREE items including binders, tucking underwear, gender-affirming clothing closet

Recommended Brands / Businesses

- **Binders (Free)**
 - grtransfoundation.org/gender-junk
 - pointofpride.org/chest-binder-donations
- **Binders**
 - Amor Sensory
 - Chest Binder Co
 - gc2b
 - Shapeshifters
 - Spectrum Outfitters
 - Underworks
 - UNTAG

- **Bras & Bra Sizing**
 - abrathatfits.org
 - justmysize.com
- **Breast Forms**
 - Elegant Artifacts Shop
 - Feminique
 - Gender Cat
 - The Breastform Store
- **Packers and Related Products**
 - Axolom
 - Banana Prosthetics
 - Cake Bandit
 - Emisil
 - FreeToMe
 - Gender Cat
 - Grandma's Sausages
 - MyPack
 - ReelMagik
 - TransEssentials
 - TransGuySupply
 - TransTape
 - WhereIsWilly
- **Shapewear and Tucking**
 - GI Collection (Trans Tool Shed)
 - Leolines
 - Origami Customs
 - Rubies
 - Shapermint
 - TomBoyX
 - TransEssentials
 - Tuck Buddies
 - Tuckituppp
 - TuckThreads

- **Surgery Recovery Support**
 - t4tcaregiving.org
 - tinyurl.com/TransRecoverySupply
- **Voice Training**
 - Duncan Lake Therapy Collective (accepts Medicaid) duncanlaketherapyco.com
 - K Voice Studio (Trans-owned; singing lessons, gender-affirming voice coaching) kvoicestudio.com
 - Polyphonic Speech Services (Trans-owned; speech therapy and gender-affirming voice training) polyphonicspeech.com
- **Waxing**
 - Waxology ilovewaxology.com
- **Wigs**
 - Elegance Wigs (Sue)
 - paulayoung.com

Gyms / Training / Sports

- **Catalyst Training Center** catalysttrainingcenter.com
- **David D. Hunting YMCA** grymca.org/branch/david-d-hunting-ymca
- **Gaay Sports** gaaysports.org/leagues/grand-rapids/30473
- **Planet Fitness** planetfitness.com
 - Market Ave location
- **Mary Free Bed YMCA** grymca.org/branch/mary-free-bed-ymca
- **Midwest Movement Collective** midmovecollective.com
- **Terra Firma Bouldering** climbterrafirma.com
- **The Club Fitness Center** (Greenville) greenvilleclubfitness.com

Health (PRIVATE LIST)

**PLEASE CONTACT GR TRANS FOUNDATION DIRECTLY
(at info@grtransfoundation.org) FOR THE FOLLOWING LISTS
OF AFFIRMING PROVIDERS:**

General Health / Affirming Medical Care

- General Medicine / Primary Care
- Dentists
- Endocrinology/HRT
- Pediatric Endocrinology
- OBGYN
- Fertility Resources
- Massage / CranioSacral Therapy
- Masculinizing Top Surgery
- Masculinizing Bottom Surgery / FtM / Phalloplasty / Metoidioplasty / Scrotoplasty
- Facial Feminization Surgery (FFS)
- Feminizing Top Surgery / Breast Augmentation
- Tracheal Shave
- Feminizing Bottom Surgery / MtF / Orchiectomy / Vaginoplasty
- Electrolysis / Laser Hair Removal

Mental Health / Therapy

- Mental Health / Therapy
- Mental Health / Therapy: Trauma-Informed
- Mental Health / Therapy: Eating Disorders
- Mental Health / Therapy: Youth under 18
- Psychiatric Medicine / ADHD / Autism

Health

Healthcare Navigation

- **Health Equity Program (GR Pride Center)** LGBTQ+ Healthcare, Therapy Access, and Community Resource Navigation health@grpride.org
- **Medicaid & Marketplace Assistance** Cherry Health 866-299-1339 (Grand Rapids)
- **Zoey A. O'Brien** (she/her) - Corewell LGBTQIA+ Patient Navigator 616-267-9488

VIRTUAL Endocrinology/HRT

- **Folx Health** folxhealth.com
- **Plume** getplume.co
- **QueerDoc** queerdoc.com
- **Transclinique** transclinique.com

HIV, PrEP, and Sexual Health

- **Fountain St. Church Choice Fund** (financial assistance for abortion services) choicefund@fountainstreet.org
- **Planned Parenthood** 616-459-3101 (Grand Rapids)
- **Red Project** 616-456-9063 redproject.org (Grand Rapids)

Medical Coverage

- **CostPlus Drugs** costplusdrugs.com
- **GoodRx** goodrx.com
- **State Assistance** tinyurl.com/hivpeople

Housing Support

- **AYA Youth Collective** Drop-In Center for youth 14-24 experiencing homelessness or instability 616-406-3945
- **Covenant House** Youth shelter (ages 18-24) 616-608-1380

- **R&R Space at Mel Trotter** Trans-only shelter. Mixed Reviews, recommended as last option. Ages 18+. 616-454-8249
- **Resilience Advocates for Ending Violence** resiliencemi.org/
- **The Bridge at Arbor Circle** Youth shelter (ages 10-17)
616-451-3001
- **The Fulton Group** (616) 459-1000
- **Well House** 616-245-3910

Legal

Document Changes (Name, License, Birth Certificate)

- **GR Trans Foundation “Update!” Program** (name change and legal document support, financial assistance; Kent County only)
grtransfoundation.org/Update-Program
- **Equality Michigan Name Change** tinyurl.com/eqminc
- **Kent County Name Change**
kentcountymi.gov/1102/Name-Changes
- **One-stop hub for name and gender change information**
transequality.org/documents
- **TransPapers.lgbt** MI name change paperwork support

Legal Assistance / Attorneys

- **Charissa C. Huang** (Smith Haughey, Rice & Roegge)
616-774-8000
- **Equality Michigan** Department of Victim Services
equalitymi.org
- **Ginny Mikita** (name changes) 616-866-1218
- **Law Office of Richard Kessler** 616-235-4577 (Kalamazoo)
- **Legal Assistance Center** (free legal help around housing, divorce, custody, name changes, etc.) legalassistancecenter.org
- **Michigan ACLU** Jay Kaplan 313-578-6800
- **National Center for Transgender Equality** transequality.org
- **Smith Haughey, Rice & Roegge** Charissa C. Huang

- **Wheeler Upham Attorneys & Counselors** Shane A. Henry (616) 710-4533

Miscellaneous Support

Barbershops

- Hali Matthes @handsome_hair.byhali
- Hey Barber GR

Bookstores

- Bettie's Pages (Lowell)
- Books & Mortar
- Happy Cat Cafe
- Orchard House Books & Cafe
- Schuler Books

Childcare

- Generations Child Development Center

Coffee Shops

- Early Bird Cafe
- Lantern Coffee
- Lotus Brew
- Morning Ritual
- Palatte
- Sakura Bubble Tea
- Scorpion Hearts Club

Dancing

- CHVRCH GR (Goth dance events)

Dog Training

- A Pleasant Dog

Hair Stylists

- Anthony Michael Salon
- Avantgarde Salon and Spa
- Easttown Salon
- Francie VH Gleason
- Hair by Lisa
- Hair Heroine (Caitlyn Eyk)
- IC Hair & Vintage (Della Sheets– low-stimulus hair stylist)
- Lilith's Lair (all stylists)
- Mane Stage Salon (Janet)
- Natalie's Design and Day Spa (Sarah Ritchie)
- Otto+Grand
- Palace Flophouse
- Pure Serenity Salon (Lindsey)
- Salon Citrene (Hannah)
- Soleil Studio (Hali Serrer)
- The Haven Salon (Jenny)
- Ulta Beauty

Makeup

- (Skincare) Fox Naturals fox-naturals.com
- Panopoulos (Standle)
- Ulta Beauty
- reddit.com/r/MakeupAddiction

Nail Salon

- JV Nails Spa (Allendale) facebook.com/jvnailsspa.allendale

Piercing

- Decorum (trauma-informed) decorumgr.com
- Equilibrium Piercing eqpiercing.com
- IRIS Piercing Studio irispiercing.com

Post-Carceral Support

- Re-entry Reimagined Julie Bylsma 616-259-0056
jbylsma@reentryreimagined.org

Self-Defense

- Study Guide for Trans Women indings.app/read/rIwJtJau

Spas

- Beauty By K (head spa) beautybykrissy.com

Tattoo Shops

- AllyKat Studios allykatstudios.square.site
- Balm (trauma-informed) [@balmtattooing](https://www.instagram.com/balmtattooing)
- Betwixt Tattooing [@betwixt.gallery](https://www.instagram.com/betwixt.gallery) [@jackie_rye](https://www.instagram.com/jackie_rye) (Jackie)
- Brenda Sue's Tattoos [@brenda_sues_tattoos](https://www.instagram.com/brenda_sues_tattoos)
- Cloud Jelly Tattoo [@cloudjellytattoo](https://www.instagram.com/cloudjellytattoo) [@grayscaleskies](https://www.instagram.com/grayscaleskies) (Grey)
- Forever Ink
- Heirloom Arts Tattoo (Lacey) [@heirloomartsllc](https://www.instagram.com/heirloomartsllc)
- Honest to Goodness [@htg333](https://www.instagram.com/htg333)
- HTown Ink (Holland) (Cori) [@htown.ink](https://www.instagram.com/htown.ink)
- Katrina Keteri [@tattoosbykatrina](https://www.instagram.com/tattoosbykatrina)
- Lightning Revival [@lightningrevivaltattoo](https://www.instagram.com/lightningrevivaltattoo)
- Lilith's Lair (Kailey Jo) [@loavely](https://www.instagram.com/loavely)
- Mos Eisley Tattoo [@moseisleystattoo](https://www.instagram.com/moseisleystattoo)
- Ness [@f.r.o.m.m.a.r.s](https://www.instagram.com/f.r.o.m.m.a.r.s)
- Pearls & Jade Tattoo Studio [@pearlsandjadetattoostudio](https://www.instagram.com/pearlsandjadetattoostudio)

- Raven's Rookery Tattoo Emporium (trauma-informed) (incl. post-top-surgery nipple tattoos) [@ravens_rookery](#)
- Seedling Tattoos (trauma-informed) [@seedlingtattoos](#)
- T4T Studio (trauma-informed) [@t4tstudio](#)
- Wealthy St. Tattoo
- Wicked Ways [@wickedwaystattoo](#)

Transportation

- GR Trans Foundation's TRANSportation program (monthly bus fare, rideshare, bikes) grtransfoundation.org/transportation

Waxing

- JV Nails Spa (Allendale) facebook.com/jvnailsspa.allendale
- Waxology ilovewaxology.com

Places of Worship + Faith-Based Resources

Christian Churches & Resources

- All Souls Church allsoulscommunity.org
- Church of the Servant churchoftheservant.org
- En Vivo Church envivochurch.org
- First Church firstchurchgr.org
- First United Methodist of Grand Rapids grfumc.org
- Fountain St. Church fountainstreet.org
- GIFT (Gays in Faith Together) giftgr.org
- Grace Episcopal gracechurchgr.org
- Neland Ave Church neland.org
- North Kent Presbyterian Church (Rockford) northkentpresbyterianchurch.com
- Plymouth United Church of Christ plymouthchurchgr.org

- **Sherman Street Church** shermanstreetchurch.org
- **St. Andrew's Episcopal Church** standrewsgr.org
- **Trinity United Methodist Church** grtumc.org

Jewish Temples & Resources

- **Temple Emmanuel**

Muslim Mosques & Resources

- **Muslim Alliance for Gender and Sexual Diversity**
themasgd.org
- **Coming Out Muslim** tinyurl.com/coming-out-muslim

Satanic Temple & Resources

- **Satanic Temple of West MI** facebook.com/WestMichiganTST

Religious Trauma Resources

- **Freedom from Religious Trauma** led by Willow Wren @ Black Cat Bodega, 1st Wednesdays

Scholarships

Surgery Scholarships

- **Jim Collins Foundation** jimcollinsfoundation.org/apply
- **Point of Pride**
pointofpride.org/annual-transgender-surgery-fund

Higher Ed Scholarships

- **GR Trans Foundation Academic Scholarship**
grtransfoundation.org/Academic-Scholarship
- **GR Community Foundation**
grfoundation.org/apply-for-scholarships
- **STEAM Educational Grant** pathslgbtq.org/grants
- **Vocational and trade school scholarships for 2SLGBTQ+ students** tinyurl.com/3jsnfw8p

General Scholarships & Funds

- **LGBT Tech Community Tech Grant**
poweronlgbt.org/grant-information
- **LGBT Tech Individual Tech Grant (Tech for personal use)**
poweronlgbt.org/grant-information

Social / Support Groups

2SLGBTQ+ Social / Support Groups

- **GR Pride Center Support Groups** grpride.org/groups
 - Own Your Gender
 - Trans & Nonbinary Teen Group
- **GVSU Student Groups**
gvsu.edu/rainbow/evening-clubs-for-students-11
- **Indigenous Influence 2SLGBTQ+ Talking Circle** at NHBP (616) 249-0159
- **LGBTQ+ Survivors Support Group** at YWCA ywcawcmi.org
- **Out on the Lakeshore** Holland 2SLGBTQ+ Support
outonthelakeshore.org
- **Ottawa Area Center For Pride** Ottawa County Support Groups ottawaareacenterforpride.org
- **Parent Support Program** led by Dr. Em Matsuno
parentsupportprogram.org
empowerment.lab.asu@gmail.com
- **Sam & Devorah Trans Mentor Project for ages 13-24**
samanddevorah.org
- **Stand With Trans: Trans Youth Support Group** (ages 13-17)
standwithtrans.org/community-connections
- **Stand with Trans Parent Support Group**
slange@cvs.k12.mi.us
- **Trans family support group** @ Advanced Counseling and Therapy Services (616) 644-9238
- **Trans Support Group** led by Jason Kae-Smith 616-690-0010

Misc. Social / Support Groups

- **Freedom from Religious Trauma** led by Willow Wren facebook.com/share/g/1CFiEUpd5x
- **Lotus Brew Coffee** (Assorted social groups incl. Queer Fiber Arts, Queer Writers, Boardgame group, Furry nights, Bi/Pan Social, Deaf/ASL LGBTQ Meetup, Sapphic Nights) lotusbrewcoffee.com/events
- **Parent With Love** parentwithlove.northwestern.edu
- **Queer GR** (group on Facebook) facebook.com/groups/queergr
- **Queerspaw** queerspawresource.org/about-grp

Social Justice / Protest Groups

- **Protest for Progress** tinyurl.com/protest-for-progress

Workplaces

(Recommended by at least one Trans person; these are not formal recommendations by GRTF. These recommendations may take into consideration gender-affirming healthcare, employee affinity groups, personal experience, and/or other factors.)

- **Adventure Credit Union** adventurecu.org/explore/who-we-are/careers
- **Aldi (Wyoming, Store 80)**
- **Amazon AA-GR-1**
- **Americorps** americorps.gov/serve
- **Aramark at GVSU** gvsu.edu/campusdine/jobs-4.htm
- **Autozone** Leonard and Seward St.
- **Bob Evans** (GR, 28th St)
- **City of Grand Rapids** grandrapidsmi.gov
- **Coca-cola** coca-colacompany.com/careers
- **Corewell Health (GR)** (616) 391-1774
- **Duncan Lake Therapy Collective** duncanlaketherapyco.com
- **Farmers Insurance** farmers.com/careers
- **Ferris State University** ferris.edu

- **Five Lakes Counseling & Psychological Services** fivelakescounseling.com
- **Fulton Street Farmer's Market** fultonstreetmarket.org
- **Generations Child Development Center**
- **Grand Rapids Children's Museum** www.grcm.org
- **Grand Rapids Community College (GRCC)** grcc.edu
- **Grand Rapids Pride Center** grpride.org/get-involved/careers
- **Grand Rapids Trans Foundation** grtransfoundation.org
- **Greenleaf Hospitality Group (Kzoo)** greenleafhospitalitygroup.com
- **John Ball Zoo** jbzoo.org
- **Kent District Library Wyoming Branch** kdl.org/locations/WYO
- **Meijer** jobs.meijer.com
- **Pharmhouse Wellness** pharmhousewellness.com
- **River City Psychological Services** rivercitypsychological.com
- **Rocket Mortgage** rocket.com/careers
- **Rockford Ambulance** rockfordambulance.com
- **Rumors Nightclub** rumorsnightclub.net
- **Scorpion Hearts Club** scorpionheartsclub.com/contact
- **Stella's Lounge** barflyjobs.com
- **Trader Joe's** traderjoes.com/home/careers
- **Trinity United Methodist Church** grtumc.org
- **Valvoline** Plainfield Ave
- **Vault of Midnight** vaultofmidnight.com
- **Whole Foods** wholefoodsmarket.com/stores/grandrapids

Intersectional Resources

Black Trans Resources

- **BAM Talent** Local Black art org facebook.com/BAMTalent
- **Black Impact Collaborative** bicgr.com
- **Black Trans Fund** blacktranstravelfund.com
- **Black Trans Men Inc** blacktransmen.org
- **Black Trans MX** facebook.com/blacktransmx

- Black Trans Women Inc blacktranswomen.org
- Grand Rapids African American Health Institute graahi.com
- HRC's Resources for Black Parents, Family Members and Caregivers of Black Transgender, Non-Binary and Gender-Expansive Youth tinyurl.com/BlackFamiliesLGBTQ
- Marsha P Johnson Institute marshap.org
- National Black Trans Advocacy Coalition blacktrans.org/about-us
- The ROAD Project (Reuniting of African Descendants) theroadproject.org

Indigenous Trans + Two Spirit Resources

- Grand Valley Indian Lodge tinyurl.com/gvsu-indian-lodge
- Indigenous Influence 2SLGBTQ+ Talking Circle at NHBP, Melissa Hendrix (616) 293-3036
- Nottawaseppi Huron Band of the Potawatomi nhbp-nsn.gov
- Two Spirit Journal twospiritjournal.com

Trans Latiné + Spanish Language Resources

- Hispanic Center of Western Michigan hispanic-center.org
- Somos Familia somosfamiabay.org/
- Trans Latin@ Coalition translatinacoalition.org
- TransLatinx Network translatinxnetwork.org
- Using Gender Neutral Pronouns in Spanish tinyurl.com/z6u4j98b
- Welcoming a Trans Family Member (In Spanish and Portuguese) tinyurl.com/yt75kbn8

Asian + Pacific Islander Trans Resources

- Asia Focused Trans Resource Guide (TransLifeline) translifeline.org/resource_category/asia
- Asia Pacific Transgender Network weareaptn.org
- Grand Rapids Asian Pacific Foundation grapf.org/#
- National Queer Asian Pacific Islander Alliance nqapia.org

Intersex Resources

- **InterACT** interactadvocates.org
- **Intersex Campaign for Equality** intersexequality.com
- **Organisation Intersex International** oiiusa.org

Immigration Resources

- **Lambda Legal Resources for Trans Immigrants**
lambdalegal.org
- **Transgender Law Center Resources for Trans Immigrant**
transgenderlawcenter.org

Aging While Trans

- **SAGE: National Resource Center on LGBTQ+ Aging**
lgbtagingcenter.org
- **Trans Aging: We're Still Here by Lambda Legal**
lambdalegal.org/publication/trt_trans-aging-were-still-here
- **Trans Lifeline Aging and Elders**
translifeline.org/resource_category/aging-elders

Accessibility + Disability Related Resources

- **Accessible Binders: Shapeshifters** shapeshifters.co
- **Blind LGBT Pride International** blindlgbtpride.org
- **Deaf Queer Resource Center** facebook.com/deafqueer
- **Lotus Brew Coffee** Monthly Deaf/ASL LGBTQ Meetup
lotusbrewcoffee.com/events
- **Rainbow Alliance of the Deaf** deafrad.org
- **Transgender Law Center Disability Project**
transgenderlawcenter.org/programs/disability-project

Get Involved

Grand Rapids Pride Center grpride.org

Grand Rapids Trans Foundation grtransfoundation.org

AYA Youth Collective ayayouth.org

Equality Michigan equalitymi.org

Grand Rapids Area Mutual Aid Network grmutualaid.com

Protest for Progress tinyurl.com/protest4progress

Trans Formations Project transformationsproject.org

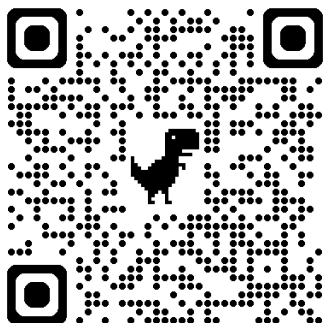
Help us improve this list!

Not finding what you were looking for?

Try the TransPages resource by Transgender Michigan here

transgendermichigan.org

Resources on this list have been recommended by at least one local Trans person. GR Trans Foundation has not vetted them personally. If you are Trans / Nonbinary and have suggestions for additions to this list (or bad experiences with resources that are currently listed), please let us know!



Use the QR Code to the left to send us suggestions and recommendations for additions to this list! Or go to:

tinyurl.com/GRTFsuggest